

*A Study of relationship between Spirituality and Wealth*

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**Abstract:**

Spiritual powers are divine powers and these powers are dormant in a human being till they awaken them. These spiritual powers are the potential of a human being which every human being can achieve in life. We need spiritual powers to live a beautiful, peaceful and harmonious life in this world. Otherwise we will be dependent upon worldly powers like the power of dishonesty, corruption, disloyalty, manipulation, cheating, deceiving, pretence, anger, attachment, hatred and ego. Moreover, one is convinced that these worldly powers are essential for mere survival in this world. Now we need to cultivate spiritual powers consciously in order to overpower the worldly powers to survive in this world. Besides Spiritual powers are the only powers that help us to attain immortality.

Unfortunately, people are convinced that worldly powers will give them worldly success and fulfil their objects of desire and they remain indifferent towards spiritual powers, therefore a year back when the economic recession has hit the world every human being on this earth has come under the economic crunch. Though worldly powers fulfil their objects of desire but these powers also increase their desire of possessing more and more objects and make them restless, unhappy, tensed, stressed, frustrated, confused and depressed forever and ever, otherwise economic recession would have not led to such a serious impact. In addition to this, worldly Powers deprive a human being of attaining **Spiritual enlightenment**.

Spirit is in everybody and everything so there is no question of saying that these powers are possessed by only spiritually enlightened people, saints and sages. A common man also has spiritual powers but being unaware of these powers he thinks that these powers are only possessed by spiritually enlightened people. Since one is not aware of your natural powers and potential, for you anything that is beyond your present knowledge becomes supernatural. Wisdom makes supernatural natural and ignorance makes natural supernatural and if the individual understand the importance of the spiritual power hidden inside then the individual can understand that the human being has a powers and if human being is able to transcend all these powers to realise yourself as the divine, then the worldly issues like economic recession, worldly pleasures becomes least important.

**Biographies:**

**Dr Neeraj Gupta** is a medical doctor and works on Energy Healing system, has his own Research Centre and Clinic at Jammu, Jammu & Kashmir.

He works on cosmic energy healing, stress management, mediations, eternal happiness, spiritual enlightenment for holistic well being. He is received National Achievement award for Cosmic Consciousness & World Peace.

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## **Structure of the Research Paper**

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**Introduction:**

Spiritual powers are divine powers. These spiritual powers are the potential of a human being which every human being can achieve in life. These powers are dormant in a human being till they awaken them. We need spiritual powers to live a beautiful, peaceful and harmonious life in this world. Otherwise we will be dependent upon worldly powers like the power of dishonesty, corruption, disloyalty, manipulation, cheating, deceiving, pretence, anger, attachment, hatred and ego. The irony is that, one is convinced that these worldly powers are essential for living happy life in this world, and had forgotten of the spiritual power and finally human being lands up in the mess. Spiritual powers have great importance as they act as the rungs of the ladder to attain, Spiritual Enlightenment because spiritual powers take our mind towards our spirit by protecting us from worldly powers and also the vicious grip of the world. Unfortunately, the typical seeker is out of his depth when it comes to assessing the source of eternal happiness because the mainstream society is in denial about its existence. And insists that the source of happiness is person place or things. It refuses to even consider the possibility of eternal happiness or unconditional happiness and reacts vehemently even to the idea of its possibility. Therefore, we need to cultivate spiritual powers consciously in order to overpower the worldly powers to survive in this world. Besides Spiritual powers are the only powers that help us to attain immortality.

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ever, otherwise economic recession would have not led to such a serious impact. In addition to this, worldly Powers deprive a human being of attaining Spiritual enlightenment.

Spirit is in everybody and everything so there is no question of saying that these powers are possessed by only spiritually enlightened people, saints and sages. A common man also has spiritual powers but being unaware of these powers he thinks that these powers are only possessed by spiritually enlightened people. Since one is not aware of your natural powers and potential, for you anything that is beyond your present knowledge becomes supernatural. Wisdom makes supernatural natural and ignorance makes natural supernatural and if the individual understand the importance of the spiritual power hidden inside then the individual can understand that the human being has a powers and if human being is able to transcend all these powers to realise yourself as the divine being, then the worldly issues like economic recession, worldly pleasures becomes least important.

**Rationale:**

Life is a complex combination of incidents and accidents. This sensory world is very attractive, fascinating and full of luxurious things. Therefore, an ordinary person seeks spiritual enlightenment in the objects of desire and subsequently s/he dies unenlightened. Some people are fixed in socializing spirituality rather than spiritualizing society for their vested interest. By doing this they die unenlightened. Person spends his entire life in family belief, rituals, customs and managing socio economic status and eventually he dies unenlightened. It is a problem of misplaced conviction in a mistaken identity. The being forgets that s/he is deathless cosmic consciousness eternal happiness. So the present research study may help resolve this paradox.

One must discover and research the bliss factor, the antivirus that is preventing from bliss being experienced, it is enlightenment, and it is only after understanding spiritual enlightenment, the antivirus is demolished itself and it is possible to experience bliss at the levels of body, mind, and soul. It would be a big start the way people perceive happiness and its source for the coming generations. It is extremely difficult in the present circumstances for a person, when recession has hit the world so badly and people are trying to manage the economics ones again, to realize the source of bliss beyond the body, mind and soul, because of a person's total preoccupation with body-mind-soul and therefore it is better to start with body because some people are not even aware of mind, intellect and soul as a separate entity. The mind expands, deepens and widens and eventually dips into the essence of cosmic existence. On its journey, the mind comes to understand much about the essence of the vibration of things. And knowledge, as we all know, is power.

**For eg:**

(1) If we warn a young child that it should not touch a hot stove, we try to explain that it will burn the child. However, language is insufficient to convey the experience. Only the act of touching the stove and being burned will adequately define the words "hot" and "burn" in the context of "stove." Essentially, there is no real direct translation of the experience of being burned.

(2) Similarly, there is no word which is the exact equivalent of the experience of sticking one's finger into an electrical socket. When we stick our hand into the socket, only then do we have a context for the word "shock." But shock is really a definition of the result of the action of sticking our hand into the socket.

It is something very amazing that most of the people around are not aware of spiritual enlightenment. This is a strange phenomenon because everyone is gifted with bliss and enlightenment. Henceforth, awakening spiritual enlightenment and bliss in the physical body of humans should be the priority area. But people generally couldn't experience bliss in their personal life in spite of listening and reading about it and making their best efforts. Even if they experienced it, it was because of some distraction from their daily, mundane life.

**For eg:** In one of my workshops on energy healing I made the following observation:



Therefore, the energy system- the vibrations, the quanta that they were composed and even the pixels that shaped these forms of were full of bliss. But the arrangements had got disturbed. Psychosomatic system had got damaged. This was being reflected in their energetic systems. That shows that it was the energy mesh influenced by lust, greed, craving



and their auras were completely damaged. It was damaged also because of the impact of the thoughts on the energy field of the humans. Their bliss was completely blocked and as a result was not able to experience it in spite of being there all the time. But if it is rearrange and reprogram their energetic system and as luck would have it, it opened their blocks, they started experiencing bliss physically by the intervention of cosmic bliss energy. As soon as people started experiencing bliss they became happy and empowered. Also, there was lot of change in their physical appearance- posture became upright, wide smile and flushed face and they radiated bliss time and time. Another very excited thing happened: as soon as they were filled with bliss energies, the bliss would leak away. I noticed that this leakage was because of strong interest in something else. For once they were full of bliss; there are punctures and tears in their auras. The moment they got interested in something else, the bliss leaked away. The greatest power of all the powers is to transcend all these powers to realise yourself as the divine Being-Spirit which is Deathless Self Luminous Pristine Cosmic Consciousness Eternal Happiness.

### **Relationship between Spirituality & Scarcity:**

Spirituality plays a very significant role in balancing the state of mind of an individual at the time of crisis for eg : recession itself is an critical condition, the individual who was earning in millions before recession in now unable to make wealth and further control his earned wealth earned wealth. Therefore, at such point of time s/he loses his/her coordination between body, mind and soul, and naturally holistic well being of the individual gets tampered. Therefore, the chemistry of the body of individual alters, which has a visible impact on the physiology of the individual. Changes in the physiology deteoriotes the physical state of the individual which further effects the mental and spiritual state and

individual becomes human being from only being where he was Pristine, Self Luminous, Eternally Blissful, Immortal Spirit, Cosmic Conscious.

What should have been actually the state of the individual? One should have been balanced throughout whatever the situation may be, because individual is always a spiritual from inside and is born with the spiritual energies, the only matter is realization of those divine energies and using those energies for his/her holistic well being and growth. At this point of time Channelization of all his/her energies are required, Channelization of energies will help the individual to attain balance and s/he can again earn at the same pace, s/he is the one who was earning earlier and has a capacity to earn again it is only matter of time and unavoidable situation, so individual will have to manage the situation without disturbing his Consciousness. The purpose of human life is to be always aware of what s/he is? Despite of any situation, weather material world or any other situation of the world, should not disturb the individual. If individual is working with spiritual intelligence s/he can transcend all the crisis i.e. economy, relationship problems, growth, peace & conflict, crime.

### **Interventions:**

One can always do it on his/her own on him/herself, through Bliss Energy Healing treatments. The goal is to heal defects in your subtle energy system (aura and chakras) from the finest levels of your awareness and consciousness inside, which then enables healing and positive changes to emerge in your physical body, emotions and life experience. Like changing the direction of a river, these effects may begin small but grow with time and can be long-lasting by unblocking chakras and clearing your central energy channel.

**Aura** just means energy. So when you're talking about "the aura," you're talking about the life force that constitutes a person. We could probably relate to a nerve having a field of

energy around it, calling that an aura or the heat coming off the body would also be an aura, where it's a result of that life being there. What we are not as attuned to or comfortable with or common with is that the entire person is energy, and all of it has an energy that is involved with it. So when we talk about an individual identity, we're talking about another way of saying that same term is that there is an energy form that is coherent, has integrity, and has identity in itself. So it's a form of energy. The frequency – the rate of flow of energies define the health of the aura. High flow- peak bliss, Low flow- no bliss.

**Bliss Energy Healing:**

**Auras:**

**Chakras:**



In each treatment (or series of treatments), one needs to perform the following, as needed. “The time when everything began to change for the better.” Energy healing treatments often assist in accelerating your personal growth process.

- (1) Removing negative energy and replacing it with positive energy. This is actually a method of tapping into the natural bliss healing process that takes place in your Auric body.

- (2) Cosmic Consciousness Bliss Energy healing intervenes in the aura to recreate the balance because this works on a non-physical level by clearing your aura layers of unhealthy energies, and by sealing leaks and tears in your aura.
- (3) Charging chakras to strengthen them and remove unhealthy energies.
- (4) Rebalancing your chakra system (correcting over- or under-activity in each chakra).
- (5) Radiator healing to correct structural defects and damage in your chakras.
- (6) Past-life healing in your auric layer.
- (7) Healing of other specific areas in your energy field which require Bliss Energy Healing treatments, as it work on every level of your being, body mind and soul although the effects can seem subtle, at first.
- (8) Removing social conditioning and psychological blocks because they prevent your healing processes. Therefore it facilitates your bliss energy.
- (9) Imbalance can be rectified by operating - a reality with a totally different set of rule. I supply the bliss energy required for the healing to take place.

**Summary:**

Everything in the universe consists of Cosmic Consciousness Spiritual Energy. Everything is interconnected. All our thoughts and mental states are Spiritual, and formed of bliss energies. As parts of a cosmic organism, we are energy beings full of bliss. Therefore, when the software of bliss is preloaded in every human being still people are searching for it in other computers she is searching for it in his computer and he is searching for it in her computer looking for bliss. Just like opening software in ones computer one should learn how to open software in his/her own computer. Once you identify the bliss folder within one's own self

and learn to open it one can do it all the times whenever you want to, you will never be short of the supply of bliss, joy and happiness and no external factors will affect the individuals growth and stops him/her in any kind of situation of the material World. The code of opening this folder in you, it is just that you to identify it. It is for sure for every individual on the earth that s/he can discover her/his bliss folder and opens it if one is really interested.

**Conclusions:**

1. Attaining Spiritual Enlightenment should be ultimate aim of human life for realized self as the being consciousness bliss.
2. Spiritual Enlightenment is the greatest power of all the powers is to transcend all these powers to realise yourself as the Divine Being which is Immortal Self Luminous, Pristine, Cosmic Consciousness, and Eternal Happiness.