

Canadian Society for
**Spirituality &
Social Work**



**7th Annual North American Conference on Spirituality
and Social Work**

June 21 – 23, 2012

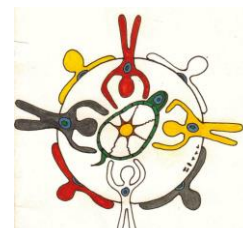
Lakehead University, Thunder Bay, Ontario

**The Evolution of Spirituality
Across the Lifespan:
Embracing Spiritual Diversity From Northern
Communities to Global Localities**

7th Annual North American Conference on Spirituality and Social Work

“The Evolution of Spirituality across the Lifespan:

Embracing Spiritual Diversity from Northern Communities to Global Localities



Thunder Bay Spirituality
Conference Committee

June 21, 2012

To all conference participants: WELCOME! BOOZHOO! BIENVENU!

On behalf of the Canadian Society for Spirituality and Social Work, we would like to welcome you to the 7th Annual North American Conference on Spirituality and Social Work. Thunder Bay is honored and eager to host this global event, and we hope that you will take time to discover the unique beauty and ambience of this magnificent locality of Canada. This event builds upon past efforts and achievements that have furthered the acknowledgement and practice of spirituality in social work. We send a special welcome to international participants and to members of the Society for Spirituality and Social Work who sponsor this conference every second year. It is our hope to advance spiritually sensitive practice knowledge, as well as spirituality research and education.

We would like to take this opportunity to thank the number of international speakers, all of whom are recognized and respected leaders in their respective fields, for offering us their time and knowledge. We would also like to thank our conference planning committee members, who spent many a late night bringing this event to life, as well as the number of volunteers who will be present throughout your attendance to provide assistance and guidance. A special thanks goes to Conference Organizer Heather Boynton, and Co-Chair Carlene Graham who proposed the conference being held in Thunder Bay. Secondly, we thank Dr. Jo Ann Vis of the Faculty of Social Work, for joining with their vision. And finally, the members of the CSSSW who have set the bar for exploring and advancing the pivotal role of spirituality in the social work field and for human health and well-being overall. We hope you enjoy this very special conference, your attendance at Lakehead University, and your stay in this proud Northern community.

Thank you, Miigwetch, Merci.

John Coates
Chair, CSSSW

Opening Ceremony

Friday, June 22, 2012 8:45 a.m. – 9:15 a.m. ATAC 10003

Dilico staff members will assist Dilico Elder Effie Zoccole, with an opening prayer, feasting of the Conference and a hand drum song.

This will be followed by the playing of the song "Life is Wonderful" Jason Mraz (2007).

Closing Ceremony

Saturday, June 23, 2012 4:00 p.m. – 4:30 p.m. - location to be announced

"Ave Maria" performed by Ivy "Shadiah" "Hylton

Dilico staff members will assist Dilico Elder Effie Zoccole, with a closing prayer.

SAVE THE DATE...

The 8th Annual International Conference On Spirituality and Social Work

"The Role of Spirituality in Professional Intervention"

June 20 – 23, 2013

University of Puerto Rico

Rio Piedras Campus, Faculty of Social Science

Rio Piedras, San Juan, Puerto Rico

Pre-Conference Workshops

Workshop 1: Aboriginal Day Celebrations and a talking circle

ATAC 1003

The Medicine Wheel Spirit Singers drum group (Beatrice Twance-Hynes, Peggy Adams, Freda McDonald, & Laurie Drazenovich) will provide a preconference teaching/ceremony including drum songs on day one (June 21st) between 9:00 a.m. – 11:30 a.m. They will commence with a prayer and community drum circle where they will have a teaching about the women's hand drum and their relationship and journey with their drums, as well as a presentation on traditional medicines and their healing capabilities.

This will be followed by Aboriginal Day Activities held at the Marina Park. Lunch and Transportation will be provided.

Workshop 2: Meridian Therapies for Depression with Douglas Chung

Room RC 1007

The association of exercise and depression has been discussed and the efficacy of using exercise in the treatment of depression becomes a hot topic for all helping professions currently. Chung conducted a pre-conference workshop for Teaching Energy Therapies Workshop on June 17, 2010 in Calgary University, Canada for Annual Conference of Spirituality and Social Work. Exercise as a therapeutic tool to prevent and treat various diseases appreciated by various participants include: martial art masters, acupuncturists, medical social workers, healers, and other healing technicians, etc. Currently, I find that Meridian Therapies and Meditation have their efficacy in treatment for depression. This workshop aims to introduce Meridian Therapies and Tai Chi Therapy as a combination therapy for depression.

Workshop content covers Meridian Therapies and Tai Chi Therapy as a combination therapy for depression. Meridian Therapies include twelve forms of exercises designed to open the twelve meridians and meditation for energy integration. The Meridian theory assumes that stagnation of energy flow in the meridian flow may lead to depression. Tai Chi Therapy facilitates the balance of left and right brain functioning. Symptoms of depression and interventions will be reviewed. Depression is an intuitive/cognitive (right brain) dysfunctional issue. Tai Chi Therapy aims to recover, rebalance & integrate both left & right brains. It is an adequate choice to facilitate – whole brain approach leads to a holistic view of self and integrated cognitive-behaviors for depression. A Combination approach of Meridian and Tai Chi is suggested to treat depression in this pioneer project with very positive results.

Meridian Therapies are most impressive with mental shocking due to its revolutionary therapeutic concepts and approaches. Tai Chi is very popular in the North America, yet its therapeutic function in balancing and integrating human brains is barely known.

The teaching approach will be based on using the right brain approach by using the experimental experience, scientific theories will also be presented. Cultural competent and evidence-based energy therapies will also be emphasized.

Agenda

Time	Topic
8:30 a.m. – 9:00 a.m.	Registration & Networking
9:00 a.m. – 10:20 a.m.	Exercise & Depression Meridian Theory Yin Yang Theory and Five Element Theory
10:20 a.m. – 10:35 a.m.	Break
10:35 a.m. – 12:00 noon	Meridian Therapeutic Exercise Form 1 to 12 Meditation for energy integration
12:00 noon to 1:00 p.m.	Lunch
1:00 p.m. – 2:30 p.m.	Depression symptoms and Tai Chi Theory Tai Chi Therapy Exercise Energy unification
2:30 p.m. – 2:45 p.m.	Break
2:45 p.m. – 4:00 p.m.	Combination Therapy Questions and Answers Networking and Closing

Workshop 3
Room ATAC 5036

Holistic Healing: Linking the Chakra system, Maslow's hierarchy, crystal therapy and yoga.
This session includes a trip to a local amethyst mine.

The concept of the chakra system comes from Hinduism and Buddhism. It is conveyed that there are 7 main chakras, or energy centers that are part of our human bodies. The chakras are located from the base of the spine to the top of one's head. Each chakra can be stimulated by its own associated color, a range of gemstones for specific use, yoga poses and through energy work and meditation.

When the chakras are not balanced, universal energy is blocked. This will be manifested in the individual's emotional life (feelings of depression, listlessness and a lack of grounding) and in physical aspects or in the manifestation of disease. A negative attitude, fear and doubt may preoccupy the mind of the individual.

On the contrary, balanced chakras allow a great deal of universal life energy to flow. This energy flow promotes health and well-being. It also provides a sense of being grounded in the physical world and allows one to think, intuit, act, work, study, and play with vigor and focus.

In this workshop chakras will be examined, and the link between chakras and Maslow's hierarchy of needs will be discussed along with their applicability to client healing. This one-day unique workshop will also provide practical applications of crystal healing and Yoga. Participants will have an opportunity to look more deeply within the Self and understand life issues associated with the chakra system. Participants will learn strategies on how to restore balance in their own life and the lives of their clients. The workshop will conclude with a trip to a local Amethyst Mine. It is recommended to wear comfortable / outdoor clothing. Please bring a yoga mat if possible.

Facilitators:

Heather Marie Boynton: PhD Candidate, RSW, HBPE, Certified Reiki and Feng Shui Practitioner

Carlene Graham: BA, MSW, RSW, Certified Reiki, Quantum Touch & Advanced Psych-K Practitioner

Katherine Keeping: Certified Master of Crystology in Melody Crystal Healing, Crystal Surgery, Advanced PSYCH-K, DNA Healing, Healing Touch, Therapeutic Touch, Usui Reiki Master

Izabela Pan: B.H.K., M.E.S., Certified Yoga Instructor

Agenda

Welcome and Introductions	9:00 a.m.	15 minutes
Maslow and the Chakra System: Healing Foundation	9:15 a.m.	60 minutes
Yoga Practice to Opening and Balancing the Chakras	10:15 a.m.	60 minutes
Nutrition Break	11:15 a.m.	30 minutes
Crystal healing practice	11:45 a.m.	60 minutes
Bus to Amethyst Mine	1:30 p.m.	45 minutes
Bus back to Thunder Bay	3:45 p.m.	45 minutes

Please note, this workshop is limited to 30 participants.

Entertainment

Saturday, June 23, 2012 12:30 – Agora, Main Building

Dance Performance – “Coming Home to Myself”

The Image Dance studio was founded in 1982. Classes began, first with adults, then, quickly expanded to incorporate offerings for the full spectrum of ages. The studio was granted legal recognition as a not-for-profit corporation in 1992.

The Image Dance Studio operates with an open and inclusive spirit. It is the philosophy of the studio that each student, regardless of ability, is taught how to use movement to express and deepen their spiritual connections to self, to one another, and to the world around them.

We often assume that the inspiration for a piece of choreography comes from the music. In fact, it can come from any number of sources - objects, processes, ideas. For this dance, the staff of Image worked with a poem by Marion Woodman, a psychotherapist from London Ontario, trained in the analytic technique developed by Carl Jung. The music, *Angelicus*, sung by gifted Canadian soprano Isabel Bayrakdarian, was chosen later.

Marion Woodman writes about the human journey inward, particularly for women. It takes us to the place where our Shadow lies- those aspects of ourselves that are denied and ignored in favor of the shiny face we present to the world each day.

The dancers portray the process of befriending the Shadow self, to embrace our unique and whole self. Doing this allows us to accept the diversity of others. We invite you experience this process, at once both deep and humorous.

Saturday, June 23, 2012 – Residence Cafeteria

Film Presentation – “Opening the Door: A presentation on Art, Inspiration and Recovery

Presenter: Joanne Books – Canadian Mental Health Association

Creative practice is transformative. It is a form of intuitive play that reconnects us to ourselves. This presentation includes a screening and discussion of a new documentary film, *Opening the Door*. This 23 minute film captures the transformative role of the arts in a health care setting. It features individuals with lived experience of mental illness and the artists who mentored them in creative writing, body movement and visual art. It changes the way we look at art and healing as we witness each person moving beyond their labels of illness to a place where they can see themselves as creative, intuitive beings.

KEYNOTE SPEAKERS



MARTIN RUTTE, HBPSYC (U.S.A. & CANADA)

Martin Rutte holds an Honours Bachelor of Psychology degree from the University of Waterloo and is President of Livelihood, and founder and Chair of the Board of the Centre for Spirituality and the Workplace, Sobey School of Business, Saint Mary's University, Halifax, NS

Martin Rutte is a dynamic, international speaker and consultant on spirituality in the workplace. He is committed to reconnecting business with its natural source of creativity, innovation and genius. As president of Livelihood, a management consulting firm in Santa Fe New Mexico, he explores the deeper meaning of work and its contribution to society. The company's areas of service include: strategic vision, corporate spirit, performance management and creative leadership.

Martin has worked with such organizations as: The World Bank, Quad/Graphics, Sony Pictures Entertainment, Southern California Edison, Virgin Records, Labatt Breweries, and London Life Insurance in expanding their outlook and positioning themselves for the future.

He was the first Canadian to address the Corporate Leadership & Ethics Forum of the Harvard Business School and returned for four years as keynote speaker. He has also twice addressed joint meetings of the American and Canadian Chambers of Commerce in Hong Kong.

Martin's pioneering work on spirituality in the workplace was featured on the ABC-TV special, "Creativity: Touching the Divine", in which he was interviewed and shown addressing The World Bank. He was also keynote speak at both the first and second annual International Conference on Spirituality in Business in Mazatlan, Mexico.

Articles on his innovative work have appeared in: The Miami Herald, The Toronto Star, South China Morning Post, Personnel Journal, and The St. Louis Post Dispatch. He is also co-author of the New York Times business bestseller, Chicken Soup for the Soul at Work.



Dr. Beth Crisp, PhD in Social Work (AUSTRALIA)

Dr. Beth Crisp holds a PhD in Social Work from La Trobe University; undergraduate degrees in political science (University of Melbourne), social work (La Trobe University) and theology (Melbourne College of Divinity) and is currently Associate Professor and Discipline Leader in Social Work at Deakin University in Australia.

With degrees in social work, political science and theology, she works at the intersection between social work and theology and is particularly interested in spirituality for people who find themselves on the margins of religious institutions or the wider society. She has published "Spirituality and Social Work" (Asgate, 2010) and "Beyond Crucifixion: Meditations on Surviving Sexual Abuse" (Darton Longman & Todd, 2010) and co-authored Theorising Social Exclusion (Routledge, 2009) in addition to over 80 refereed articles in social work, theology, health and education journals on issues including religion and spirituality, health promotion, social work education, substance misuse, and HIV/AIDS prevention.

Morning Activities

Friday, June 22 and Saturday, June 23 7:15 – 8:00 a.m. ATAC Room 5036

Classical Hatha Yoga with Emphasis on Chakra Opening and Breathing

Instructor: Izabela Wozniczka Pan

Best to refrain from eating heavy meal 2h before yoga, (30 min before yogurt is okay)

Comfortable but **non-revealing** clothing

Avoid perfume or cologne in class

Once we are preparing for Yoga be mindful and move into meditative state (limit your conversation)

Let the instructor know about any health or mental condition that this practice may be a health risk to you

Bring mat if you have one, if not we will provide you with one

Friday, June 22, 2012 7:15 – 8:00 a.m. ATAC Room

"Good Morning Day"

Instructors: Cassandra Hanrahan & Indrani Margolin

"This session will get your day started with a mix of body isolations from your neck, shoulders, hips, knees and toes, with different energy play exercises and creative movement. Wear comfortable clothing to allow freedom of movement. "

Saturday, June 23, 2012 7:15 – 8:00 a.m. ATAC Room

"Waking with Self" - Creative Movement Workshop.

7th ANNUAL NORTH AMERICAN CONFERENCE ON SPIRITUALITY AND SOCIAL WORK 2012 – THUNDER BAY, ON CANADA

CONFERENCE SCHEDULE

FRIDAY, JUNE 22, 2012

7:15 – 8:00	CHOICE OF: CLASSICAL HATHA YOGA WITH EMPHASIS ON CHAKRA OPENING AND BREATHING (mats required) OR “GOOD MORNING DAY” - CREATIVE MOVEMENT (no mats required)						
8:00	REGISTRATION OPENS IN ATAC BUILDING						
8:30 – 8:45	CONFERENCE OPENS – WELCOME AND INTRODUCTIONS - (ATAC 1003)						
8:45 – 9:15	OPENING PRAYER CEREMONY						
9:15 – 10:15	KEYNOTE PRESENTATION: SPIRITUALITY IN THE WORKPLACE - MARTIN RUTTE - (ATAC 1003)						
10:15 – 10:30	RECOGNITION CEREMONY – (ATAC 1003)						
10:30 – 10:45	NUTRITION BREAK						
	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6	SESSION 7
10:45 – 12:45	(10:45 – 11:15) 1007 Spirituality and Health: Beyond Faith and Religion Presenters: Diana Pallen, Karen Maddox, Pat Sevean (11:15 – 11:45) 1006 A New CSWE Initiative: The Religion and Spirituality Clearing House Presenter: John Coates	(10:45 – 11:45) 2003 Narrative Therapy and Spiritual Self Care in Palliative Care Presenter: Deborah Spear	(10:45 – 11:15) 2015 The Path of Decolonizing: Spirituality, Place and Pedagogy Presenter: Taina Maki Chahal (11:15 – 12:45) 5036 7 Grandfather Teachings, Medicine Wheel, 4 Sacred Helpers Presenter: Gerry Martin	(10:45 – 12:15) 2004 Handling the Big Questions: Talking About Spiritual Issues with Children and Youth Presenters: Eveline Milliken, Cathy Rocke	(10:45 – 12:15) 1010 Integrating Spirituality and Diversity into Long Term Care Homes Through Effective Volunteer Screening and Training: A Collaborative Model Presenter: Lucinda Landau	(10:45 – 12:45) 2019 Listening For “Spirituality” With the Dying Presenter: Adelina Pecchia	(10:45 – 12:45) 2021 The Blanket Exercise Presenters: Yvonne Schenk Al Postma Jim Minor Joanne Minor

FRIDAY, JUNE 22, 2012

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6	SESSION 7
	(11:45 – 12:15) 1007 Aboriginal Holistic Approach to Addressing Addictions: Program Overview Presenters: Cheryl Bagnall Meagan Tysoski	(11:45 – 12:45) 2015 Narrowing the Focus: Review of a Social Work Course on the Black Church and the Role of Religion/Spirituality for African-Americans Presenter: Kimberly Hardy					
	(12:15 – 12:45) 2003 Social Work and Spirituality: The Deaf Experience Presenter: Nancy Delich			(12:15 – 12:45) 2004 Development of Spiritual Care: Competencies for End of Life Social Work Presenter: Holly Nelson-Becker	(12:15 – 12:45) 1006 Narrative of “Thin Places”: Learning From the Traditions of Celtic Spirituality Presenter: Laura Beres		
12:45 – 1:30	LUNCH: BARBECUE AT LAKE TAMBLYN – UNIVERSITY GROUNDS						
1:30 – 3:00	(1:30 – 3:00) 1006 Co-Creating Heaven on Earth Presenter: Martin Rutte	(1:30 – 2:30) 2021 Providing Spiritual Care at the End of Life Care in Long Term Care Homes: A Day to Day Process Presenters: Kimberly Ramsbottom Barb Fugelsang Jackie McDonald	(1:30 – 3:00) 2003 Spirituality From the Inside Out: Comprehending the Subjective Experience of the Spiritual (LIMIT: 14 PEOPLE) Presenter: William E. Powell	(1:30 – 2:00) 1010 The Spiritual Developmental Process for People in Recovery from Severe Mental Illness Presenter: Vincent R. Starnino (2:00 – 2:30) 2015 Realization of a Spiritual Connection In the Healing Process by the Non-Spiritual? Presenter: Gregory Riddett	(1:30 – 3:00) 5036 Holistic Emotional Management: Alternatives for Transforming Health for Youth (HEALTHY Group) (LIMIT: 30 PEOPLE) Presenters: Heather Boynton Chris O'Shaughnessy-Start Leanna Sigsworth	(1:30 – 3:00) 2004 The Healing Strength of the Feminine Spirit (as expressed in First Nations Teachings) Presenter: Sandi Boucher	(1:30 – 2:30) 2005 Balance and Correction: Our Journey With Creation Presenter: Sharon Wasilewski

FRIDAY, JUNE 22, 2012

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6	SESSION 7
		(2:30 – 3:00) 1010 Yukon and BC First Nation Experience of Spirituality Throughout Life Times Presenters: Antonia Mills Melissa Carlick		(2:30 – 3:00) 2005 Therapeutic Use of Dreams in Psychosocial and Spiritual Development During Times of Transition (LIMIT: 25 PEOPLE) Presenter: Karen Ring			(2:30 – 3:00) 1007 The Medicine Wheel and Its Implications in Social Work Practice with First Nations Clients Presenter: Sherry Abotossaway
3:00 – 3:15	NUTRITION BREAK						
3:15 – 4:45	(3:15 – 4:45) 1006 Co-Creating Heaven on Earth (Cont'd) Presenter: Martin Rutte	(3:15 – 3:45) 2015 Cultivating Spirituality Within Leadership: Synergizing Heart and Mind Presenter: Nancy-Angel Doetzel	(3:15 – 4:45) 1010 Opening the Door: A Presentation on Art, Inspiration and Recovery Presenter: Joanne Books	(3:15 – 4:45) Therapeutic Use of Dreams in Psychosocial and Spiritual Development During Times of Transition (Cont'd) Presenter: Karen Ring	(3:15 – 3:45) 1007 Quest for Spirituality and Social Work Profession: Exploring Connections Presenters: Suresh Pathare Jayesh Kample	(3:15 – 4:45) 5036 Dancing Towards Wholeness (LIMIT: 20 PEOPLE) Presenters: Claudia Otto Hanusia Tkaczyk	(3:15 – 4:45) 2021 Mindfulness: An Intentional Approach to Healing Trauma Presenters: Debbie Zweep Angie Gollat
		(3:45 – 4:45) 2003 The Spiritual Journey of Adolescents: Pathways to Strength and Healing Presenter: Linda Benavides			(3:45 – 4:15) 2004 Exploring Spirituality with Parents of Children with Special Needs in Israel Presenter: Naaava Zohar-Sykes		
					(4:15 – 4:45) 2015 Realigning Self: A Pilot Project to Investigate the Effectiveness of the Sen System For Female University Students Presenter: Indrani Margolin		
6:00	CSSSW MEETING AT PRINCE ARTHUR WATERFRONT HOTEL						
7:00	“WINE AND CHEESE MEET AND GREET” - AT THE PRINCE ARTHUR WATERFRONT HOTEL – 17 NORTH CUMBERLAND STREET						

SATURDAY, JUNE 23, 2012							
7:15 – 8:00	CHOICE OF: CLASSICAL HATHA YOGA WITH EMPHASIS ON CHAKRA OPENING AND BREATHING (mats required) OR “WAKING WITH SELF” MORNING MEDITATION (mats required)						
8:00	REGISTRATION OPENS IN ATAC BUILDING						
8:45 – 9:00	INTRODUCTIONS - (ATAC 1003)						
9:00 – 10:00	KEYNOTE PRESENTATION: A SOCIAL WORK FRAMEWORK FOR EXPLORING SPIRITUALITY ACROSS THE LIFESPAN IN RELIGIOUSLY DIVERSE PRACTICE CONTEXTS – DR. BETH CRISP - (ATAC 1003)						
10:00 – 10:30	POSTER PRESENTATIONS AND NUTRITION BREAK						
	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6	SESSION 7
10:30 - 12:30	(10:30 – 11:30) 2020 Soul Regeneration – The Brain, The Self and Spirituality: A Psycho-Spiritual Approach to Emotional Wellness, Life Transformation and Cybernetics Presenter: Ivy Hylton	(10:30 – 11:00) 1007 Spirituality and Domestic Violence: Global and Regional Intersections of Coping and Safety Challenge Presenter: Rene Drumm	(10:30 – 11:30) 2003 Spirituality and Empowerment of the Marginalized: An Indian Experience Presenter: Suneet Varma	(10:30 – 12:00) 2004 The Four Fires: Extending Blessings to the Second Half of Life (LIMIT: 35 PEOPLE) Presenters: Michael Paulus Sue Ann Forcier	(10:30 - 11:00) 1010 Exploring the Links Between Mindfulness and Resilience With Youth Transitioning Out of Foster Care into Independent Living Presenter: Sean Loughheed	(10:30 – 12:30) 5036 Systemic Constellations: Window on the Wide Family Lens of Transgenerational Healing and Resolution Presenter: Judy Melanson	(10:30 – 12:00) 2005 From My Sewing Basket...Traditional Healing Ceremonies and Social Work Practice Presenter: Alice Sabourin
		(11:00 – 12:30) 1006 Spiritual Transformation and Body Modification: An Intertwining Journey Presenter: Kelley Reinsmith-Jones			(11:00 – 11:30) 2015 Drawing on Our Traditions: Narration and Meaning Making as Treatment for Post-Traumatic Stress Presenter: Bob Prue		
	(11:30 – 12:00) 2015 The Caregiver Compassion Meditation Support Group Presenter: Francesca Richardson		(11:30 – 12:30) 1007 Spirituality and Transcendent Meaning Making: Possibilities to Enhancing Post-Traumatic Growth Presenters: Jo-Ann Vis Heather Boynton		(11:30 – 12:30) 2021 CHI4ENERGY: Integrating Body, Mind and Spirit Presenters: Susan Baldassi Jennifer Edwards		

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6	SESSION 7
	(12:00 – 12:30) 1010 Spirituality and Caregiving Presenters: Natalya Timoshkina Lynn McDonald			(12:00 – 12:30) 2015 Investigation of Older African American Family Caregivers: The Role of Spirituality in Elders Caring for Elders Presenter: Michael Sheridan			TBA
12:30 – 1:30	LUNCH IN RESIDENCE CAFETERIA WITH ENTERTAINMENT: IMAGE DANCE “COMING HOME TO MYSELF” AND FILM PRESENTATION “OPENING THE DOOR”						
1:30 – 2:30	SSSW ANNUAL GENERAL MEETING – ROOM 3004 – ATAC BUILDING CSSSW ANNUAL GENERAL MEETING – ROOM 5035 – ATAC BUILDING (NEW MEMBERS WELCOME)						
2:30 – 4:00	(2:30 – 3:00) 2015 Spirituality and Social Work as Independent Study: Rethinking the Evolution of Competency Presenter: Cassandra Hanrahan	(2:30 – 3:00) 1006 Keeping The Faith: Students’ Perceptions of Faith Acceptance at a Public University Presenters: Nancy Payne Javonda Williams	(2:30 – 4:00) 2004 The Art of Feminine Presence Presenter: Christine Jefferson	(2:30 – 4:00) 5036 Storytelling as a Means to Facilitate Healing Through Utilizing the Seven Grandfather Teachings (LIMIT: 15 PEOPLE) Presenter: Brenda Mason	(2:30 – 3:00) 1007 The Effectiveness of Holistic Arts-Based Group Work for Developing Resilience in Young People in Need: An Overview of Qualitative and Quantitative Research Findings and Challenges Presenter: Diana Coholic	(2:30 – 4:00) 2003 Spirituality From the Inside Out: Comprehending the Subjective Experience of the Spiritual (LIMIT: 14 PEOPLE) Presenter: William E. Powell	(2:30 – 4:00) 2005 Expressive Art Therapy - Explorations By Oppressed People of the Heart Presenter: Melissa Addison-Webster
	(3:00 – 4:00) 2021 Five Element Movement Meditation Presenter: Susan Baldassi	(3:00 – 3:30) 1007 Love Incited Me to Dig Deep: The Emotional Journey of Caregiving My Dying Mother Presenter: Elizabeth Stafford			(3:00 – 4:00) S of N – Room 1008 Reflection Versus Deflection: Acknowledging Spirituality in Our Everyday Practice (LIMIT: 10 PEOPLE) Presenter: Kristen Jones Kathy Kortess-Miller		
4:00 – 4:30	CLOSING CEREMONY AND PRAYER						

*****PLEASE NOTE THAT ALL PRESENTATIONS WILL OCCUR IN THE ATAC BUILDING
UNLESS OTHERWISE SPECIFIED**

FRIDAY MORNING

KEYNOTE PRESENTATION

MARTIN RUTTE

**9:15 – 10:15
Room 1003**

Spirituality and the Workplace: An Overview of the Current State of Spirituality and Workplace, its Origins, its Development, its Impact

We've been able to discuss and engage in spirituality in our homes and in our places of worship but not our workplaces. Yet our work accounts for a third of our life. It's time to open this part of our life. But when we begin to consider this there are fears of being ridiculed, fears of proselytizing, and 'baggage' about religion. This talk will describe ways and examples of opening this conversation in a safe, permissible and comfortable way.

Participants will learn:

- A method of engaging with spirituality in the workplace as a question/inquiry;
- How to overcome some of the common misunderstandings/blocks to be able to engage in this inquiry;
- Some of the major societal factors leading to the birth of this field;
- Examples of business/workplace programs that address this topic; and,
- What is needed to further move this field forward.

SESSION 1

**Diana Pallen, Karen Maddox and Pat Sevean
Paper Presentation**

**10:45 - 11:15
Room 1007**

Spirituality and Health: Beyond Faith and Religion

This oral presentation using a power point format will discuss the results of a qualitative study which identified challenges nurses face when working with patients and families. The result of this qualitative study provided insight into the holistic caring of nurses and the support in meeting those needs. Identified themes showed the need for openness to better understand and respond to patient and family uniqueness, to find meaning in suffering and to appreciate the connectedness between spirituality and health. The responses also highlighted the importance of communication, resources, and interprofessional collaboration in addressing the spiritual needs of patients and families, particularly at the end of life.

John Coates
Oral Presentation with Slides

11:15 – 11:45
Room 1006

A New CSWE Initiative: The Religion and Spirituality Clearinghouse

In 2011, the CSWE Religion and Spirituality Working Group was organized to promote a social worker's knowledge and skill in providing ethical and effective practice that takes into account the diverse expressions of religion and spirituality among clients and communities. This working group developed an online repository of peer-reviewed educational sources that can be used in academic and educational settings to develop social workers knowledge, values and skills when working with diverse expression of religion and spirituality. These resources can be modeled in a course, specialized courses or a continuing education offering. This presentation will describe this clearinghouse and how it may be used by social work educators.

Cheryl Bagnall and Meagan Tysoski
Lecture and Q&A

11:45 – 12:15
Room 1007

Aboriginal Holistic Approach to Addressing Addictions: Program Overview

Dilico ARTC provides an Aboriginal based addictions intensive treatment program. Aboriginal holistic healing coupled with contemporary evidence based therapies for addressing addictions is offered for adults ages 18-99 years old. A culture-centered approach is offered at engagement, stabilization, assessment, treatment and aftercare stages. Inclusion of Aboriginal spirited beliefs and practices is essential to the holistic approach.

Nancy Delich
Lecture and Q&A

12:15 – 12:45
Room 2003

Social Work and Spirituality: The Deaf Experience

Five case studies will be presented from a research investigation exploring the spirituality of a cultural and linguistic minority – members of the Deaf Community - from childhood through adulthood. Utilizing three different qualitative analyses, four overarching thematic categories of relationship, spirituality, communication and spiritual direction emerged from the investigation of five participants. The results of the qualitative analyses further demonstrated eight related themes, which will also be discussed in light of the case studies. Results, implications and recommendations regarding the social experiences and spiritualities of the participants for clinical social work practice will be discussed.

SESSION 2

Deborah Spear
Workshop and Power Point Presentation

10:45 - 11:45
Room 2003

Narrative Therapy and Spiritual Self Care in Palliative Care

Social workers work with people at various stages throughout their life span. At some point in our own life each of us will experience the death of someone we care about. Spiritual Self Care Rituals and Resiliency related to Social Work counselling in Palliative Care will be discussed. This session will use Narrative stories, case studies, and interactive sessions to help us understand our own spiritual beliefs which can be influenced by life experiences, culture, and/or religion. Having good self-awareness about our own spirituality and life story can help when a client's story resonates with us in a personal way.

Spiritual resiliency is important to social workers in any setting of care but is often highlighted in the field of palliative or end-of-life care. The following topics will be introduced: What does spirituality mean to you personally? How do you incorporate supportive, meaningful rituals related to your spirituality into your daily social work practice? Ideas and resources will be provided.

Kimberly Hardy
Paper Presentation

11:45 - 12:45
Room 2015

Narrowing the Focus: Review of a Social Course on the Black Church and the Role of Religion/Spirituality for African Americans

This presentation will present the curriculum of a graduate-level social work course designed specifically for students interested in learning about the historical and contemporary role of religion & spirituality among African-Americans.

SESSION 3

Taina Maki Chahal
Paper Presentation

10:45 - 11:15
Room 2015

The Path of Decolonizing: Spirituality, Place, and Pedagogy

Using autoethnography, this presenter looks at the ongoing path of decolonizing through a process that merges critical pedagogy and spiritual knowledge. Using photos, creative non-fiction and critical analysis, Taina explains how she has learned to hear some of the multiple spiritual languages of the north shore of Lake Superior and what effect that has had on her teaching practices. She draws on her Finnish pre-Christian animism as well as Indigenous knowledge to map a spirituality of place that informs not only her identity formation and life experience but also my teaching and responsibility to social—and spiritual—justice. Her presentation is particularly interested in unlearning racism and thinking through the ways the languages of the land can become part of one's pedagogy.

7 Grandfather Teachings, Medicine Wheel, 4 Sacred Helpers

Gerry Martin (English name) is a former PSW and nurse with more recent training in Medical Office Administration Assistant and a student of traditional Aboriginal healing methods. He hails from the Mattagami First Nation of Ojibways in Northeastern Ontario near Timmins. Gerry feels very comfortable teaching, learning and sharing his knowledge of traditional Aboriginal healing methods and considers it a life-long goal. He is a son, father, grandfather and great grandfather who follows his destiny and enjoys life to the fullest. "I am a traditional Teacher, Elder to some, and friend to Nature"

SESSION 4

Eveline Milliken and Cathy Rocke
Experiential Workshop (LIMIT 20 PEOPLE)

10:45 - 12:15
Room 2004

Handling the Big Questions: Talking About Spiritual Issues with Children and Youth

In the interest of promoting best practice in the care of vulnerable children and their families, this presentation will challenge participants to consider how the issue of spirituality is incorporated into our work with children, youth and their families. Research shows that spirituality is linked to positive mental health outcomes (Koenig, 2005). This session will have an experiential component to practice opening up questions that children and youth may bring to their social worker. Both presenters teach within the Faculty of Social Work- case examples from direct practice will be explored.

Holly Nelson-Becker
Paper Presentation

12:15 - 12:45
Room 2004

Development of Spiritual Care: Competencies for End-of-Life Social Work

This presentation will discuss a process for developing spiritual care competencies in end of life and palliative care for social work that align with social work values. Spiritual care is becoming increasingly recognized as an important aspect of integrative care in palliative and end-of-life social work. There is a gap in the literature that could provide guidance about what competencies should be taught to address spirituality and/or religion. This paper develops and applies a competency-based approach in spirituality for social workers who work in palliative care. Definitions of spirituality, religion, and spiritual care are presented along with a historical philosophical background. Literature on preliminary development of spiritual care categories in social work and related disciplines is presented. The relevance of the NASW Code of Ethics to spiritual care is described. Finally, recommendations for spiritual care competencies in knowledge, skills, and values for social work and their use for practice are provided.

SESSION 5

Lucinda Landau
Workshop

10:45 - 12:15
Room 1010

Integrating Spirituality and Diversity into Long Term Care Homes Through Effective Volunteer Screening and Training: A Collaborative Model

This workshop that describes the outcomes of collaboration between the QPC –LTC, the Ontario Multifaith Council and a clinical chaplain to screen/train Long Term Care volunteers in inclusivity and spiritual caregiving skills. This workshop will demonstrate how collaboration with community partners can integrate spirituality and diversity into Long Term Care homes through effective volunteer screening and training.

Laura Beres
Paper Presenter

12:15 - 12:45
Room 1006

Narratives of “Thin Places”: Learning from the Traditions of Celtic Spirituality

Through this presentation of photographs on Iona (a tiny island in the Scottish Hebrides) and video snippets of research interviews, she will provide descriptions of a research project about peoples' experiences with “thin places.” The term “thin places” comes from traditions of Celtic spirituality and refers to the manner in which the boundary between the physical world and the spiritual world is considered a thin veil. Aspects of Celtic spirituality that offers a framework for understanding peoples' engagement with the natural environment as part of their spirituality will be described.

SESSION 6

Adelina Pecchia
Interactive

10:45 - 12:45
Room 2019

Listening for “Spirituality” with the Dying

Social Workers, like chaplains and ministers, must have vast and varied knowledge into the spiritual practices, language, themes, images, and understandings of those they work with especially those dying or are palliative. Out of fear of offending others many institutions have become sterile and spiritually void and have removed religious symbols and icons. This can have extreme adverse effects on the spirit of a person. Taking “crosses” out of hospital rooms for example can causes distress for those who may need a visual religious icon as a symbol and reminders of their faith. The area of death and dying then is usually handed over to those in the medical field who in turn often suppress or stifle the spirit and soul of a person with medicine rather than understand what the person is truly saying or “seeing” or needs to say or “see”. People then who are palliative or dying may not be “hallucinating”. They may be “seeing” things we don't. We need to become spiritually “tuned” in to the words, actions, languages, symbols, stories, of those who are soon to leave this world on to the next.

SESSION 7

Yvonne Schenk, Al Postma, Jim Minor, Joanne Minor
Experiential Workshop

10:45 - 12:45
Room 2021

The Blanket Exercise

The Blanket Exercise begins with blankets arranged on the floor to represent Canada before the arrival of Europeans. Participants represent either Indigenous people or Europeans. When the exercise starts, the only participants on the blankets are those representing Indigenous people with their thriving culture in what we now call North America. Participants representing Europeans arrive, bringing with them a kind of cultural arrogance and the assumption that the raw landscape and uncivilized people must be fashioned into something European if they are to have real value. What follows in the exercise is the steady shift from Indigenous people covering the land to Europeans covering the land. Finally, Indigenous people—their populations decimated—live on small reserves. The “Blanket Exercise” is a walk in someone else’s shoes all the way back to the first meetings of Europeans and Indigenous people. From there, it is deeply disturbing to watch the Beothuk people of what is now Newfoundland eliminated from the game as they were hunted to extinction. Troubling, too, is the act of folding your blanket—your land—in half then in half again as your traditional land shrinks to a small reserve—all according to legal negotiating in someone else’s language. Perhaps most troubling of all is to receive an apparently gracious gift of a thick, wool Hudson’s Bay blanket that is laced with the smallpox virus. Those still on a blanket at the end of the game are reminded that they live amid higher poverty rates than the rest of Canada, and suffer a lack of clean drinking water, inadequate housing, lower education levels and disproportionate incarceration rates. At the end of the exercise, there is a time of silence, reflection and discussion.

FRIDAY AFTERNOON

SESSION 1

Martin Rutte
Workshop

1:30 - 4:45
Room 1006

Co-Creating Heaven on Earth

There is a desire in each of us for a world that works; a longing for the recurring problems of the planet such as war, hunger, disease, hatred, senseless suffering, poverty and environmental degradation to once and for all stop. We feel we want to do something deep in our hearts, deep in our souls, which will actually take our planet to its next evolutionary level. What we want is a new context, a new vision for the third millennium. Co-creating Heaven on Earth provides this global framework. Come and discover.

SESSION 2

Kimberly Ramsbottom, Barb Fugelsang and Jackie McDonald
Workshop

1:30 - 2:30
Room 2021

**Providing Spiritual Care at the End of Life Care in Long Term Care Homes:
A Day to Day Process**

This workshop focuses on how Personal Support Workers in long term care homes provide spiritual care to residents at the end of life on a day to day basis. This workshop will introduce the work of the Quality Palliative Care in Long Term Care Alliance which is a five year SSHRC funded participatory action research project that aims to improve the quality of life of people who are dying in long term care homes. The goal of the project is to develop palliative care programs that provide residents with comfort and peace at the end of life through addressing social, spiritual and physical care. Personal Support Workers can provide quality palliative care at end-of-life through their own awareness and understanding of their role in spiritual care.

Antonia Mills and Melissa Carlick
Paper Presentation

2:30 - 3:00
Room 1010

Yukon and BC First Nations Experience of Reincarnation: Spirituality Throughout Lifetimes

Many First Nations people in BC and the Yukon have experience of remembering their past life and talk about this when they are young children and are honoured as someone who come back. Often the memories fade by school age but Elders still recall what they said and who they are, and notice birthmarks in their children and grandchildren that come from previous lives. The spiritual essence is honoured in people and also in animals and plants throughout their life, throughout lifetimes. Examples from Melissa Carlick's recent research in the Yukon and Antonia Mills 25 years of research on the topic in BC provide examples of the depth of this spiritual experience throughout lifetimes.

Nancy-Angel Doetzel
Paper Presentation

3:15 - 3:45
Room 2015

Cultivating Spirituality in Leadership: Synergizing Heart and Mind

A presenting of findings from my dissertation research, which demonstrates the benefits of applying "Appreciative Inquiry" to research methodology. Appreciative Inquiry is a constructive approach to research that creates space for new voices and expands circles of dialogue that include discourses about spirituality and synergizing heart and mind. The presentation will extract from my dissertation literature review and database, drawn from ten administrators, making up the sample. My presentation could generate some reflection on 1/how applying appreciative inquiry to research can assist to map a more positive Social Work landscape 2/ how Social Workers can use appreciative inquiry as a means to alter attitudes within the work place and promote a more affirming and hopeful approach to communication with peers and clients. It is hoped the presentation will encourage thought and dialogue regarding 1/ how Social Work can be informed by new methods of collecting and interpreting data that move beyond reductionist frameworks and positivist hegemonies. 2/ways that Social Work policy makers can more appreciatively investigate systemic issues, such as diversity, equity, social cohesion, freedom of choice, and efficiency in the work place.

Linda Benavides
Paper Presentation

3:45 - 4:45
Room 2003

The Spiritual Journey of Adolescence: Pathways to Strength and Healing

This presentation focuses on understanding the process and context of spiritual development from childhood to adolescence. The role spirituality plays as a protective factor for children and adolescents exposed to stressful life events will be addressed as well.

SESSION 3

William E. Powell
Workshop (LIMIT 14 PEOPLE)

1:30 - 3:00
Room 2003

Spirituality from the Inside Out: Comprehending the Subjective Experience of the Spiritual

The intent of this workshop is use groupwork techniques to provide a comfortable milieu that allows participants to express and share the various ways that the sense of `spirituality` is visited upon their personal lives and their emotions, behaviours, and professional practice. Sharing such subjective experiences will allow participants to better understand the commonalities and differences in spiritual experiences and the unique ways that spirituality is apprehended by persons from different age and ethnic groupings.

Joanne Books
Film Presentation and Discussion

3:15 - 3:45
Room 1010

Opening the Door: a Presentation on Art, Inspiration and Recovery

The presentation will explore the transformative role of arts in a health care setting. It will include the necessary components of integrating arts in our work and the impact of creative practice on the healing process for those seeking recovery and wellness.

SESSION 4

Vincent R. Starnino
Paper Presentation

1:30 - 2:00
Room 1010

The Spiritual Developmental Process for People in Recovery from Severe Mental Illness

This presentation looks at the spiritual developmental process of people with severe mental illnesses as they encounter illness and move towards recovery. Four distinct types of journeys are presented based on findings from an in-depth qualitative study. Implications for social workers and related practitioners working in the mental health field will be discussed.

Gregory Riddett
Paper Presentation

2:00 - 2:30
Room 2015

Realization of a Spiritual Connection in the Healing Process by the Non-Spiritual?

A power point discussion paper examining commonality in self-realisation of a spiritual connectedness by clients engaged in therapeutic generalist and pain counselling.

Karen Ring
Workshop

2:30 - 4:45
Room 2005

Therapeutic Use of Dreams in Psychosocial and Spiritual Development During Times of Transition

Therapeutic Use of Dreams in Psychosocial and Spiritual Development During Times of Transition introduces basic dream concepts in assessing and supporting persons through situational, environmental and developmental changes in their lives. This interactive and experiential workshop will assist participants in understanding dreams and their intrinsic value in guiding persons through challenging and chaotic times.

SESSION 5

Heather Boynton, Chris O`Shaughnessy-Start and Leanna Sigsworth
Experiential Workshop (LIMIT 30 PEOPLE)

1:30 - 3:00
Room 5036

Holistic Emotional Management: Alternatives for Transforming Health for Youth (HEALTHY group)

This workshop will provide an overview of the 8-week HEALTHY group for youth. Some preliminary evaluations on its effects on anxiety and depression in adolescents will be presented. This group embraces a holistic perspective of body-mind-spirit and a psycho-educational approach to providing youth with alternative coping strategies for managing emotions and thoughts. It incorporates a range of evidenced based and holistic practices that participants can choose from and integrate into their own healing and wellness repertoire. Participants will engage in a few selected activities of the group including yoga, meditation, thought transformation, and engaging your authentic and spiritual inner self. Discussion on how this can be modified for all ages across the lifespan will occur.

Suresh Pathare and Jayesh Kample
Paper Presentation

3:15 - 3:45
Room 1007

Quest for Spirituality and Social Work Profession: Exploring Connections

This presentation is an academic paper presentation based on the findings of a study undertaken in India with the social work educators, practioners and students. The focus of the presentation is highlighting the individual's exploration experience through engagement in social work activities.

Naava Zohar-Sykes
Case Presentation

3:45 - 4:15
Room 2004

Exploring Spirituality with Parents of Children with Special Needs in Israel

In Israel, the field of spirituality in social work is just emerging. Spirituality as a field has been developing for the past decade mainly in hospitals, old age homes and community, with a strong focus on life threatening issues and end of life issues. This new project, of bringing the world of spirituality into the work with parents of children with special needs, is exciting and challenging. The presentation will describe both the parent spiritual support groups, and the new course for spiritual care and resilience, where veteran parents of special needs children learn to become spiritual companions for other parents.

Indrani Margolin
Paper Presentation

4:15 - 4:45
Room 2015

Realigning Self: A Pilot Project to Investigate the Effectiveness of the Sen System for Female University Students

"This presentation will focus on a meditation inquiry with women in university using 4 proclamations from the Vedic Upanishads to still the mind and attune to the notion of self as creator. These practices were explored as a therapeutic intervention to alleviate stress, anxiety and sadness. Findings are represented through collage."

SESSION 6

Sandi Boucher
Workshop

1:30 - 3:00
Room 2004

The Healing Strength of the Feminine Spirit (as expressed in First Nations Teachings)

The strength and resilience of the Anishnawbequek (Ojibwe Woman) is fundamental to Ojibwe teachings. It is said that the women will lead the healing, that the woman is spiritually stronger (when comparing men and women) and it is this strength, this inner beauty and belief that has allowed these women to survive and even thrive in spite of years of society condemnation and abuse. I have made a career of sharing the teachings of the Ojibwe women for the benefit of men and women of all races and creeds. In line with the Medicine Wheel teaching, I am simply sharing the teachings of the "Red" so that they may become one with the yellow, white and black, thereby bringing the circle of strength and unity together as one healthy entity.

Claudia Otto and Hanusia Tkaczyk
Experiential Workshop (LIMIT 20 PEOPLE)

3:15 - 4:45
Room 5036

Comfortable clothing is recommended

Dancing Towards Wholeness

In this 90 min. experiential workshop, participants will explore the relationship between movement and spirituality. We are familiar with the expressions, "Actions speak louder than words" and "The Wisdom of the Body". We don't always know how to hear what the Spirit is saying in and through our bodies. This workshop is designed to help participants integrate and transform action into insight and back into action. No experience in dance or movement therapy is required. This workshop is suitable for individuals of any age or physical ability.

SESSION 7

Sharon Wasilewski
Lecture and Experiential Workshop

1:30 - 2:30
Room 2005

Balance and Correction: Our Journey with Creation

An interactive session of Aboriginal culture centered therapy practices within children & youth counselling services. Children's mental health services with Dilico Anishinabek Family Care offers community based counselling to children & youth. Counselling for emotional, social, behavioural, traumatic & cultural barriers; includes Aboriginal culture-centered therapies that are coupled with contemporary evidence based models. Understanding and interpreting spirituality with the clinical practice is essential to assisting Aboriginal children and youth with overcoming barriers and achieving a greater sense of identity.

Sherry Abotossaway
Oral Presentation and Workshop with Medicine Wheels

2:30 - 3:00
Room 1007

The Medicine Wheel and its Implications in Social Work Practice with First Nations Clients

The Medicine Wheel Model of Social Work will be utilized. It is used as a structured social framework with which to use social work with Aboriginal people. This is the closest to a traditional way of working with Aboriginal people. It will look at how it encompasses a holistic, spiritually balanced way of healing, traditionally and culturally.

Debbie Zweep and Angie Gollat
Presentation and Experiential Workshop

3:15 - 4:45
Room 2021

Mindfulness: An Intentional Approach to Healing Trauma

This presentation will combine both insight and experience to offer participants a personal glimpse into the power of mindfulness practice as a tool for personal, community and global healing. The foundation for this presentation draws from the expertise of Debbie Zweep, director of Faye Peterson Transition House, and Angie Gollat, founder of Pathways, culminating nearly two decades of experience in the social service sector, and two lifetimes worth of study, practice, application and mentoring the principles of mindfulness.

SATURDAY MORNING

KEYNOTE PRESENTATION

DR. BETH CRISP

9:00 - 10:00

Room 1003

A Social Work Framework for Exploring Spirituality Across the Lifespan in Religiously Diverse Practice Contexts

An emerging appreciation of spirituality by social workers has coincided with increasing divergence in formal religious participation in many countries. Hence, in many practice contexts, social workers need ways of understanding and working with spiritual issues which transcend religious divides. In her book *Spirituality and Social Work* (Ashgate, 2010), the author defined spirituality as being concerned with needs and desires for meaning, connectedness, identity, transformation and transcendence, irrespective of whether this was expressed through religious practices or beliefs. One of the characteristics of social work is an expectation that the needs, outlooks and experiences of people vary at different point in the lifespan. Hence, this presentation introduces a framework for exploring spirituality which relates directly to the lived experiences of service users, and demonstrates how it may assist social workers identify issues of spiritual concern at different stages in the lifespan. The paper concludes that while there are some concerns and issues which are more prominent at particular points in the lifespan, spiritual concerns can occur at any age

This address will:

- Demonstrate points of convergence between social work and spirituality;
- Enable social workers to identify spiritual concerns which are expressed in secular language and/or in secular contexts;
- Introduce a range of theoretical approaches to understanding changes in spirituality over the life span; and,
- Explore key spiritual concerns at different life stages (childhood, youth, adulthood, old age).

SESSION 1

Ivy Hylton

10:30 - 11:30

Experiential Workshop

Room 2020

Soul Regeneration – The Brain, The Self and Spirituality: A Psycho Spiritual Approach to Emotional Wellness, Life Transformation and Cybernetics

The Brain, the Self and Spirituality – is a psycho spiritual approach to emotional wellness, life transformation and cybernetics. Cybernetics is the study of self-governance and Soul Regeneration is a treatment practice model for self recovery and brainwave entrainment. Brainwave Entrainment is a meditative state accomplished through the use of specially recorded sounds that stimulates mind frequencies. Together these three philosophies of human transformation create a powerful setting for shifting the paradigm of poverty, negative thinking, trauma, oppression, abuse, mental illness and discrimination, into wellness, healing and empowerment. A review of 33 years of spirituality in social work practice.

Francesca Richardson
Paper Presentation

11:30 - 12:00
Room 2015

The Caregiver Compassion Meditation Support Group

This paper presents The Caregiver Compassion Support Group which is a proposed model of clinical intervention for family and informal caregivers of the elderly and disabled. The group structure is based on the Buddhist Compassion (Metta or Loving-Kindness Meditation) which works as a spiral, inviting the meditator inward into care for the self, and gradually outwards to care for others in the greater world. In addition, the group integrates the meditation as opening and closing rituals to assist caregivers in healing themselves and helping them processing the material of the sessions. The group integrates psychoeducation about intersubjectivity and the ethic of care and promotes a discussion of how these concepts relate to their caregiving roles.

Natalya Timoshkina and Lynn McDonald
Paper Presentation

12:00 - 12:30
Room 1010

Spirituality and Caregiving

This paper will discuss the role of spirituality in caregiving, particularly as it pertains to the individuals' spiritual development and personal growth across the lifespan. The authors' main objective is to develop a better understanding of the role of spirituality in the experiences of older adults whose lives have been altered or disrupted by the necessity to leave the workforce and take on caregiving responsibilities.

SESSION 2

Rene Drumm
Paper Presentation

10:30 - 11:00
Room 1007

Spirituality and Domestic Violence: Global and Regional Intersections of Coping and Safety Challenge

This presentation highlights data from two studies on domestic violence with a conservative Christian faith group. The studies feature congregant samples from Nigeria as well as a regional US sample of congregants. Interesting similarities and difference emerge between the samples in how faith becomes a challenge to safety and at the same time a protective coping mechanism.

Kelley Reinsmith-Jones
Presentation with an Activity

11:00 - 12:30
Room 1006

Spiritual Transformation and Body Modification: An Intertwining Journey

Presentation of dissertation research which illustrates the occurring spiritual transformation simultaneous to the physical feature modifications of transsexual persons in transition. Dispels the myth of "It's all about the body" and discusses how body modifications may well be more of an issue of soul than of physical appearances and functioning. Dada is based on phenomenological interviews of transitioning transsexual persons at different stages of transition, of varying ages, and for both MTFs and FTMs. Various religious, existential, and transformational theories are discussed with an emphasis on how all persons have the capacity and drive for transformation and that of transitioning persons may well be a model for others, trans and non-trans alike. Body dysmorphia and spirituality are also discussed in relation to plastic surgery.

SESSION 3

Suneet Varma
Paper Presentation

10:30 - 11:30
Room 2003

Spirituality and Empowerment of the Marginalized: An Indian Experience

In India, some of the most prominent social movements have had a spiritual foundation- one that emphasizes the oneness of all humanity and which paves the way for lowering barriers along ethnic, religion, class, caste, and gender lines. In particular, the contribution of the activist and mystic-poet Kabir has great relevance for social workers, as well as psychologists concerned with social justice, human development, and healing.

Jo-Ann Vis and Heather Boynton
Oral Presentation

11:30 - 12:30
Room 1007

Spirituality and Transcendent Meaning Making: Possibilities to Enhancing Posttraumatic Growth

This presentation will address spirituality as an aspect in trauma and its facilitation in posttraumatic growth across the lifespan. To increase understanding and appreciation for post trauma growth through the inclusion of spiritual aspects as they relate to rumination and transcendent meaning making following a traumatic event. Participants will be given practical clinical interventions to encourage spiritual exploration with clients who have experienced a traumatic event, using spirituality as a means to assist in reconstruction of their world view, development of additional coping strategies and expansion of their meaning post trauma.

SESSION 4

Michael Paulus and Sue Ann Forcier
Experiential Workshop (LIMIT 35 PEOPLE)

10:30 - 12:00
Room 2004

The Four Fires: Extending Blessings to the Second Half of Life

We endeavour to draw participants into the possibilities of spiritual practice involving growth across the lifespan in general and in the second half of life in particular. By building on the idea of the Four Fires, a concept put forth in the works of Angeles Arriens, we prepare an experiential exercise which propels us all through life's transitions. Through the use of a combination of discussion, meditation, writing and self-disclosure, participants have the opportunity to recognize and reconnect with a distinctively spiritual part of themselves. Bring a pillow or blanket for comfortable sitting during the exercise.

Michael Sheridan
Paper Presentation

12:00 - 12:30
Room 2015

Investigation of Older African American Family Caregivers: The Role of Spirituality in Elders Caring for Elders

This presentation will present quantitative and qualitative findings from a sub-sample of a larger study of African American family caregivers. Focusing on 107 caregivers who are 60 years of age or older ("elders caring for elders"), this presentation will report both similarities and differences with younger caregivers in several areas, including: caregiver characteristics, nature and intensity of the caregiving experience; perceived caregiving rewards and stressors; formal and informal resources and coping strategies (including personal and organizational religion/spirituality); and impacts on mental and physical health. The role of spirituality as it relates to these areas will be highlighted. Implications for practice with older caregivers and the need for future research will also be presented.

SESSION 5

Sean Loughheed
Paper Presentation

10:30 - 11:00
Room 1010

Exploring the Links Between Mindfulness and Resilience with Youth Transitioning Out of a Foster Care into Independent Living

This presentation summarizes initial findings from research involving youth transitioning out of foster care, who participated in an arts-based mindfulness group program in order to positively develop their resilience. Youth leaving foster care due to their age are at-risk of experiencing problems such as homelessness, underemployment, poverty, early pregnancy, and involvement with the legal system due, in part, to the negative influence of trauma. The presentation focuses on the links between learning mindfulness and developing resilience, and provides examples of experiential activities.

Bob Prue
Paper Presentation

11:00 - 11:30
Room 2015

Drawing on Our Traditions: Narration and Meaning Making as Treatment for Post-Traumatic Stress

This demonstration will describe the authors process of translating the evidence-based practice known as Narrative Exposure Therapy to and indigenous context using the Northern Plains Native device called the Winter Count. The author will discuss the state of the current development of this intervention and anecdotal accounts of its acceptance by Native individuals or communities and its effectiveness. This presentation will briefly present narrative exposure therapy and how the Winter Count adaptation maintains fidelity to the current manualized treatment.

Susan Baldassi and Jennifer Edwards
Workshop

11:30 - 12:30
Room 2021

CHI4ENERGY: Integrating Body, Mind and Spirit

Chi is a Chinese word meaning aliveness, or life force energy. Balance your chi in this experiential workshop explores movement, relaxation and mindfulness to gain awareness of the interaction of body, mind and spirit. Movement often elicits memories, emotions and thoughts which we can then process. Participants will engage in activities including artistic expression, yoga and guided meditation that will open up new avenues for experiencing their spiritual selves and creating change. Discussion will occur on how these processes can be used in a variety of settings and be modified for all ages across the lifespan.

SESSION 6

Judy Melanson
Experiential Workshop

10:30 - 12:30
Room 5036

Systemic Constellations: Window on the Wide Family Lens Transgenerational Healing and Resolution

Systemic Constellation workshops are phenomenological, experiential opportunities to see hidden dynamics underlying many kinds of issues people experience. Workshops are facilitated with an open view to uncovering blocks in the flow of love in a family systems perspective.

SESSION 7

Alice Sabourin
Narrative/Visual

10:30 - 12:00
Room 2005

From My Sewing Basket...Traditional Healing Ceremonies and Social Work Practice

Alice Sabourin is the founder of Beedaubin Arts and has established credibility and is recognized for incorporation of cultural assets in the design and delivery of intergenerational art projects. Her thesis research, 'From My Sewing Basket...Traditional Healing Ceremonies and Social Work Practice' (Lakehead University) 1997 is the foundation for her community arts practice which she supports community building by reclaiming, and re introducing practices that are congruent with traditional healing practices. She will provide an over view of the characteristics of traditional healing as it relates to her practice as a community arts facilitator and educator in Thunder Bay. For the past 15 years Alice has integrated her thesis research directly to her practice and approach as an independent community activist. The presentation will emphasize the importance of leading the way for new approaches and working independently can reflective positively in bringing back traditional approaches to healing.

SATURDAY AFTERNOON

SESSION 1

Cassandra Hanrahan
Paper and Discussion

2:30 - 3:00
Room 2015

Spirituality and Social Work as Independent Study: Rethinking the Evolution of Competency

This presentation is intended as a discussion that goes beyond theory, beginning with my experience teaching a Master's level independent study course on spirituality and social work, to a sharing of others' insights and stories about how they have organized and delivered similar courses. The emphasis is on relationality; on how such courses can be organized such that they can be linked to our everyday lives, challenging the understanding of religion and spirituality as an add-on to a bounded and unchanging discipline of social work.

Susan Baldassi
Workshop

3:00 - 4:00
Room 2021

Five Element Movement Meditation

The Five Element Movement Meditation is an experiential movement workshop using music and rhythms to help bring out each element's energy: Wood, Fire, Earth, Metal and Water. Meditation doesn't always mean stillness of body and mind. The power of movement to evoke emotion, heal trauma, break through isolation or express that which cannot be spoken is profound. Participants will experience the energies of the Five Elements, allowing for the cultivation of insights and awareness of how each energy manifests and resonates within body, mind and spirit. Discussion will occur on how this process can be used in a variety of settings and be modified for all ages across the lifespan.

SESSION 2

Nancy Payne and Javonda Williams
Paper Presentation

2:30 - 3:00
Room 1006

Keeping the Faith: Students' Perceptions of Faith Acceptance at a Public University

This workshop will examine the perceptions of 100 social work students as they assessed acceptance of their faith and their level of training to help clients embrace their own faith as a resource. This presentation will describe implications for the systematic inclusion of spirituality in social work curricula.

Elizabeth Stafford
Presentation

3:00 – 3:30
Room 1007

Love Incited Me to Dig Deep: The Emotional Journey of Caregiving My Dying Mother

An account of the emotional side of caregiving a dying parent, from a daughter's perspective as primary family caregiver. Coping with my mother's terminal illness, coping with the Ontario Health System, coping with health care professionals and coping with well-meaning family members changed me as a person in so many different ways. I have developed into a more tolerant, more patient, more loving partner, daughter, sister, aunt, and friend. It also taught me to not be afraid of death. Moreover, I am significantly more outspoken about the bureaucracy and the powerful that marginalize the vulnerable.

SESSION 3

Christine Jefferson
Experiential Workshop

2:30 - 4:00
Room 2004

The Art of Feminine Presence

From puberty to adulthood women possess a unique spiritual perspective. Though our culture is not traditionally supportive of such practices, the benefits of igniting, cultivating, and embodying the Feminine Presence, or polarity of Spirit include everything from self esteem building, to resolving security issues, to creating healthy relationships, to providing avenues for an enlightened consciousness. In this experiential workshop women will enjoy several exercises and practices designed to raise their current level of awareness of their Feminine polarity and power.

SESSION 4

Brenda Mason
Workshop (LIMIT 15 PARTICIPANTS)

2:30 – 4:00
Room 5036

Storytelling as a Means to Facilitate Healing Through Utilizing the Seven Grandfather Teachings

Throughout the history of Aboriginal people, story-telling is one of the traditional practices and has been used for a variety of reasons. Story-telling can offer guidance, direction, teaching and entertainment. In this workshop, one way to use the Story-telling method will be described. How to utilize personal story-telling as a means to facilitate healing will be explained. Personal healing stories will be used as examples and in the stories each Seven Grandfather Teachings will be included. Story-telling can be viewed as a tool to take steps to go on a healing journey.

SESSION 5

Diana Coholic
Paper Presentation

2:30 - 3:00
Room 1007

The Effectiveness of Holistic Arts -Based Group Work for Developing Resilience in Young People in Need: An Overview of Qualitative and Quantitative Research Findings and Challenges

Increasingly, researchers are studying the effectiveness of holistic interventions and methods, and often this research is situated within group work, which lends itself to studies of effectiveness. Our research is coming to a close after 6 year. We have been studying the feasibility, suitability, benefits, and effectiveness of a holistic arts-based mindfulness-based group program for the improvement of resilience in young people in need. The presentation will provide an overview of research findings and the challenges of facilitating a research-based program within a Northeastern Ontario city.

Kristen Jones and Kathy Kortes-Miller

3:00 - 4:00

Workshop (LIMIT 10 PARTICIPANTS)

School of Nursing (SN 1008)

*****a volunteer will meet participants at the registration desk
to direct you to the School of Nursing**

Reflection Versus Deflection: Acknowledging Spirituality in Our Everyday Practice

This workshop will utilize high-fidelity simulation technologies in an interactive (and hopefully inter-professional) educational session with a hands-on bedside activity related to spirituality and reflective practice. This workshop will cover the general topic of spirituality, and specifically explore the potential of using reflective practice techniques to acknowledge the spiritual aspects of our everyday practice. This workshop will provide participants with opportunity to learn something about themselves and their own experiences, as well as learning from, with, and about others.

SESSION 6

William E. Powell

2:30 - 4:00

Workshop (LIMIT 14 PARTICIPANTS)

Room 2003

Spirituality from the Inside Out: Comprehending the Subjective Experience of the Spiritual

The intent of this workshop is use groupwork techniques to provide a comfortable milieu that allows participants to express and share the various ways that the sense of `spirituality` is visited upon their personal lives and their emotions, behaviours, and professional practice. Sharing such subjective experiences will allow participants to better understand the commonalities and differences in spiritual experiences and the unique ways that spirituality is apprehended by persons from different age and ethnic groupings.

SESSION 7

Melissa Addison-Webster

2:30 - 4:00

Experiential Workshop

Room 2005

Expressive Art Therapy-Explorations by Oppressed People of the Heart

This workshop will first present an introduction to Expressive Art therapy techniques utilized by people with disabilities in southern Ontario, and will share pieces of the art created by these individuals. Examples of its applications within the field of social work will be shared. Participants will be allowed to explore two Expressive Art therapy modalities, and the presentation will conclude with a follow-up question and answer period.

POSTER PRESENTATIONS

SATURDAY 10:00-10:30

Keith Brownlee, Glenn Halverson, Heather LeBlance, Raymond Neckoway

The Role of Spirituality in Managing Dual Relationships

This poster offers an opportunity for conference attendees to consider how spirituality may play a role in ethical decision making with specific reference to ethical decisions where there is insufficient guidance from the professional code of ethics.

Javonda Williams and Nancy Payne

The Impact of the Prosperity Gospel on Social Services Delivery in Predominately African American Communities of Faith in North America

This poster will examine the modalities used African American mega churches for improving economic conditions of individuals and families within the African American community. This study will examine patterns in the use of the prosperity gospel and more traditional social services in black mega churches in the United States of America.

Elizabeth Stafford

Love Incited Me to Dig Deep: The Emotional Journey of Caregiving My Dying Mother

An account of the emotional side of caregiving a dying parent from a daughter's perspective as primary family caregiver. Coping with my mother's terminal illness, coping with the Ontario Health System, coping with health care professionals and coping with well-meaning family members changed me as a person in so many different ways. I have developed into a more tolerant, more patient, more loving partner, daughter, sister, aunt, and friend. It also taught me to not be afraid of death. Moreover, I am significantly more outspoken about the bureaucracy and the powerful that marginalize the vulnerable.

Nancy-Angel Doetzel

Old Heart Child's Eyes: An Autoethnography

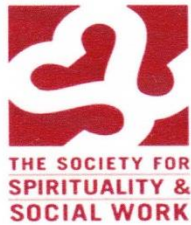
No two people exist within the exact same reality, or construct duplicate meanings from their life experiences. Each person embraces their own unique reality and version of truth. In my poster presentation, I will present findings from some auto- ethnographic research, based on years of journaling significant life experiences. Journaling one's experiences can help Social Workers and clients to re-examine meanings and truths he or she has attached to perceptions of certain life experiences. By reflecting on writings contained within journal entries, individuals can come to better understand the valuable teachings they have gained from some past experiences. They may come to better comprehend the origins of their beliefs, values, standpoints and attitudes, when applying fresh lenses to their documented experiences. Journaling could also assist one in the application of logo- therapy, which enables a person to give purpose to their challenges and pain. Autoethnography is a form of autobiographical personal narrative that explores an author's experiences of life. It is commonly based on reviewing journal entries and is currently becoming widely used in research studies. It is hoped this poster presentation will spark an interest in journaling and autoethnographic research.

Ten Years and Going Strong...

Spirituality in Social Work Conferences

2002	Spiritual Diversity and Social Work: The First Annual Conference Canadian Conference on Spirituality and Social Work. University of Toronto: Toronto, ON
2003	Spiritual Diversity and Social Justice: Dalhousie University: Halifax, NS
2004	Spiritual Identity and Transformation: University of Manitoba: Winnipeg, MB
2005	Discerning the Spirit: Re-Imagined Social Work: King's College, University of Western Ontario: London, ON
2006	1 st North American conference: "The Transforming Power of Spirituality: Breaking Barriers and Creating Common Ground." Renison College, University of Waterloo, Waterloo, ON
2007	"Spirituality in Challenging Times: A Resource for Practice, Advocacy, and Self-Care" Dominican University: Chicago, Illinois
2008	Spirituality and Transformation: Bridging Wisdom and Research for Effective Practice " St. Thomas University: Fredericton, NB
2009	"The Soul of Healing: Lighting Our Way Together" Arizona State University, Tuscon, Arizona
2010	"Spirituality and Scarcity: The Role of Spirituality in Practice and Research in Scarce Times" University of Calgary: Calgary, AB
2011	"Connecting Spirituality & Social Justice: Transforming Self & Society" The Catholic University of America: Washington, D.C.
2012	"The Evolution of Spirituality Across the Lifespan; Embracing Spiritual Diversity from Canadian Northern Communities to Global Localities" Lakehead University: Thunder Bay, ON
2013	"The Role of Spirituality in Professional Intervention" University of Puerto Rico; Rio Piedras, San Juan, Puerto Rico

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Estella Howard	Kyla Balke	Tony Graham
Hailey Whitelock	Lauren McWhinnie	Wendy Hearn
Heidi Wahl	Linda Heiskanen	William Powell
Janick Lemieux	Mari Rossi	

Alphabetical List of Presenters

Sherry Abotossaway, HBSW Student. Native Human Services Laurentian University

Joanne Books, Manager of Education and Training at the Canadian Mental Health Association, Thunder Bay Branch

Melissa Addison-Webster is a poor, Queer women with a disability. Anti-poverty activist with Put Food in the Budget, Toronto, ON

Cheryl Bagnall, HBSW student, Lakehead University, Intake Worker, Adult Residential Treatment Centre, Dilico Anishinabek Care, Thunder Bay, ON

Susan Baldassi, BA Bed, 5th Degree Blackbelt, Educator and Creator of the CHI4ENERGY Program, Thunder Bay, ON

Linda E. Benavides, Ph.D., LMSW-Assistant Professor, University of Texas at San Antonio

Laura Béres, Ph.D., M.S.W., R.S.W – Associate Professor, School of Social Work, King's University College at the University of Western Ontario, London, ON

Sandi Boucher, Entrepreneur/Activist/Author, Thunder Bay, ON

Heather Marie Boynton, PhD candidate, MSW, RSW Children's Centre Thunder Bay, Interprofessional Education Coordinator Lakehead University, Inner Harmony Consulting, Thunder Bay, ON

Keith Brownlee, PhD, Professor of School of Social Work, Lakehead University, Thunder Bay, ON

Taina Maki Chahal, PhD candidate, BA(Honours), M.A. English Literature, Collaborative in Women's Studies. Contract Lecturer, Lakehead University, Thunder Bay, ON

Douglas Chung, PhD., LMSW Professor, MA, Ohio State University, MSW, West Virginia University

John Coates, PhD, Professor and Director, School of Social Work, St. Thomas University, ON

Nancy Delich , MSW, MATS, LCSW, Doctoral student in Educational Leadership, Seattle, WA

Dr. Diana Coholic, RSW- Associate Professor, School of Social Work, Laurentian University, Sudbury, ON

Dr. Beth Crisp, PhD Social Work, La Trobe University; undergraduate degrees in political science (University of Melbourne), theology (Melbourne College of Divinity), Associate Professor and Discipline Leader in Social Work at Deakin University in Australia

Dr. Nancy-Angel Doetzel: PhD, MA, HBSW, HBA, BA, ICADC, Calgary, AB

Rene Drumm, Ph.D, MSW, Dean, School of Social Work, Southern Adventist University, Collegedale, TN

Jennifer Edwards, HBA BED, Educator and Creator of the CHI4ENERGY Program, Thunder Bay, ON

Sue Ann Forcier, Clinical Case Manager & Elder Care Outreach Coordinator, Health Care and Rehabilitation Services (HCRS) Springfield, VT

Barb Fugelsang, Spiritual Care Associate with St. Joseph's Care Group, Honorary Deacon Associate, Thunder Bay, ON

Angie Gollat, HBA Women's Studies/History Founder/Mentor/Consultant, Pathways, Thunder Bay ON
Faculty, Two Worlds Wisdom School, Brighton, CO

Carlene Graham: BA, MSW, RSW, Lakehead University, Catholic Family Development Centre, Certified Reiki, Quantum Touch & Advanced Psych-K Practitioner, Thunder Bay, ON

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Kimberly Hardy, PhD, MSW, Assistant Professor, University of Connecticut School of Social Work, CT

Rev. Ivy Anderson Hylton, MSW, LICSW, Washington, DC

Rev. Christine Jefferson, Ministry Of Divinity, President Beloved Community Canada Ministries, Co-founder of The Reiki Centre, Spiritual Education Centre, Alliston, ON

Kristen Jones, BScN, RN, MPH(N), PhD candidate, Lakehead University, Thunder Bay, ON

Karen Maddox (R.N. M.A. Nursing), Thunder Bay, ON

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Jackie McDonald, PSW, Bethammi Nursing Home, Thunder Bay, ON

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Lucinda Landau, MDiv, DMin, Clinical Chaplain, CASC, Chaplaincy Research Associate, Quality Palliative Care in Long Term Care Alliance, McMaster University

Heather LeBlanc, MSW, Social Worker at Children's Centre, Thunder Bay, ON

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Gerry V Martin, Community Elder, Graduate Nurse, HCA/PSW, MOAA

Brenda Mason, RSSW, Aboriginal Culture and Spiritual Service, St Joseph's Care Group

Judy Young Melanson, Systemic Constellations Facilitator

Antonia Mills, PhD Professor First Nations Studies, University of Northern British Columbia (UNBC), Prince George BC

Jim and Joanne Minor, retired counselors from Ishaawin Counseling Centre in Thunder Bay, ON

Raymond Necoway, Phd, Associate Professor, School of Social Work, Lakehead University, Thunder Bay, ON

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Claudia Otto, BA, certified addictions counselor/psychodramatist, Charis Centre, Thunder Bay, ON
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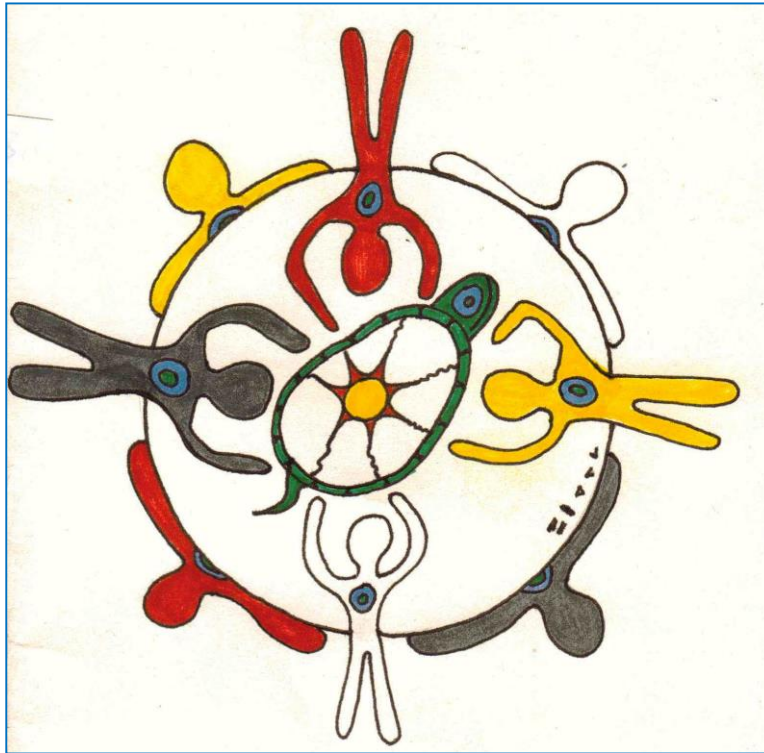
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Naava Zohar-Sykes, Social Worker, MFT, practice, training and program development for the fields of both parenting and of spirituality, "Keshet" organization and JDC Ashalim, Jerusalem, Israel

Debbie Zweep, Bachelor of Business Administration, traumatologist, YT Faye Peterson Transition House, Thunder Bay Ontario and Owner/teacher Moksha Yoga Stratford, Stratford, ON

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that we share with one another.
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the grandfathers accompany us on our
journey and we will already dwell
at our destination.