

Trauma, Spirituality, and Posttraumatic Growth in Clinical Social Work Practice

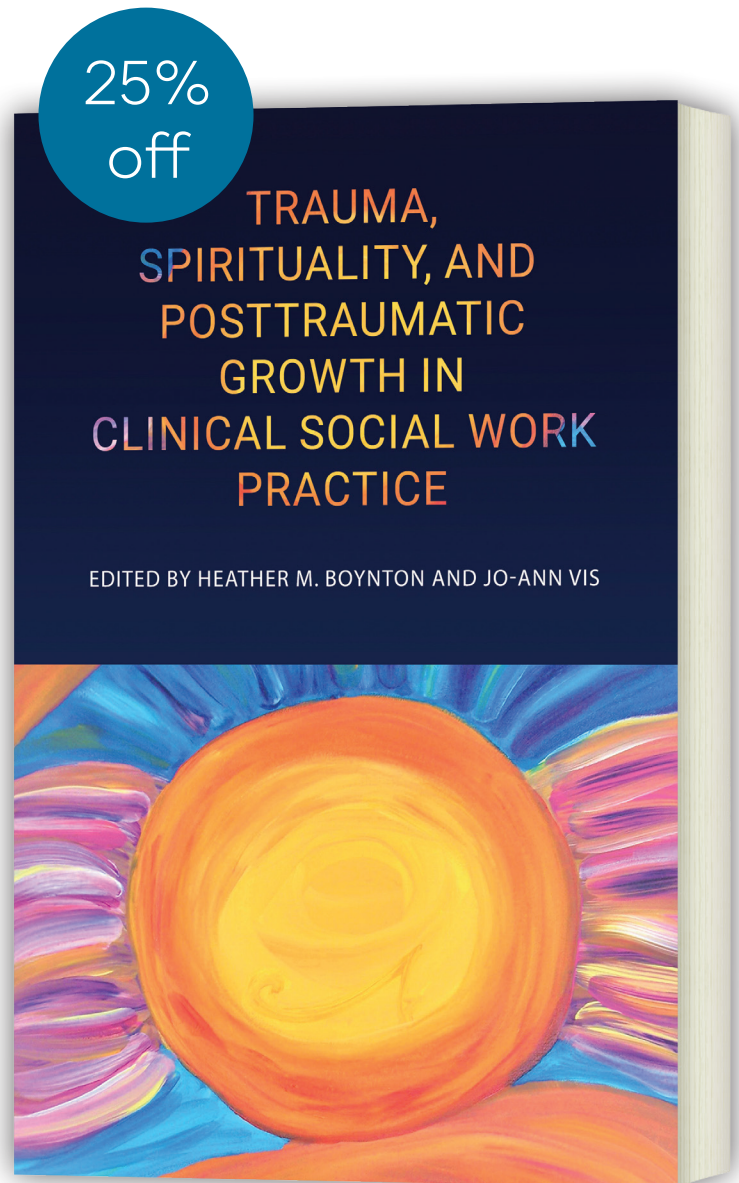
Edited by Heather M. Boynton and Jo-Ann Vis

Trauma and the exposure to traumatic events is part of life, making the need for current and informed social work research and training in this area essential. *Trauma, Spirituality, and Posttraumatic Growth in Clinical Social Work Practice* highlights unique and diverse circumstances throughout a client's lifecycle where trauma is experienced, how one's spirituality is awakened or activated, and how this experience can intersect with interventions toward posttraumatic growth (PTG). More than just a primer on trauma effects, the book offers social workers insights into how to properly assess current resources and individual levels of distress. It also provides practical strategies on how spirituality and spiritual practices can be integrated into psychotherapeutic interventions at various levels of social work practice.

Praise for *Trauma, Spirituality, and Posttraumatic Growth in Clinical Social Work Practice*:

"This is a refreshing new take for the social work literature in the field of spirituality. There is no disputing that Heather Boynton and Jo-Ann Vis are acquainted with the trauma literature and I commend the authors for their innovative approach."

—BETH CRISP
Deakin University



206 pages | Paperback | 9781487543952
\$32.95 **\$24.71** | Available as an ebook

[Apply the code CONF2023 at checkout to save 25% on utorontopress.com](#)

