

The Kabbalistic Tree of Life in Clinical Practice (Diagram)

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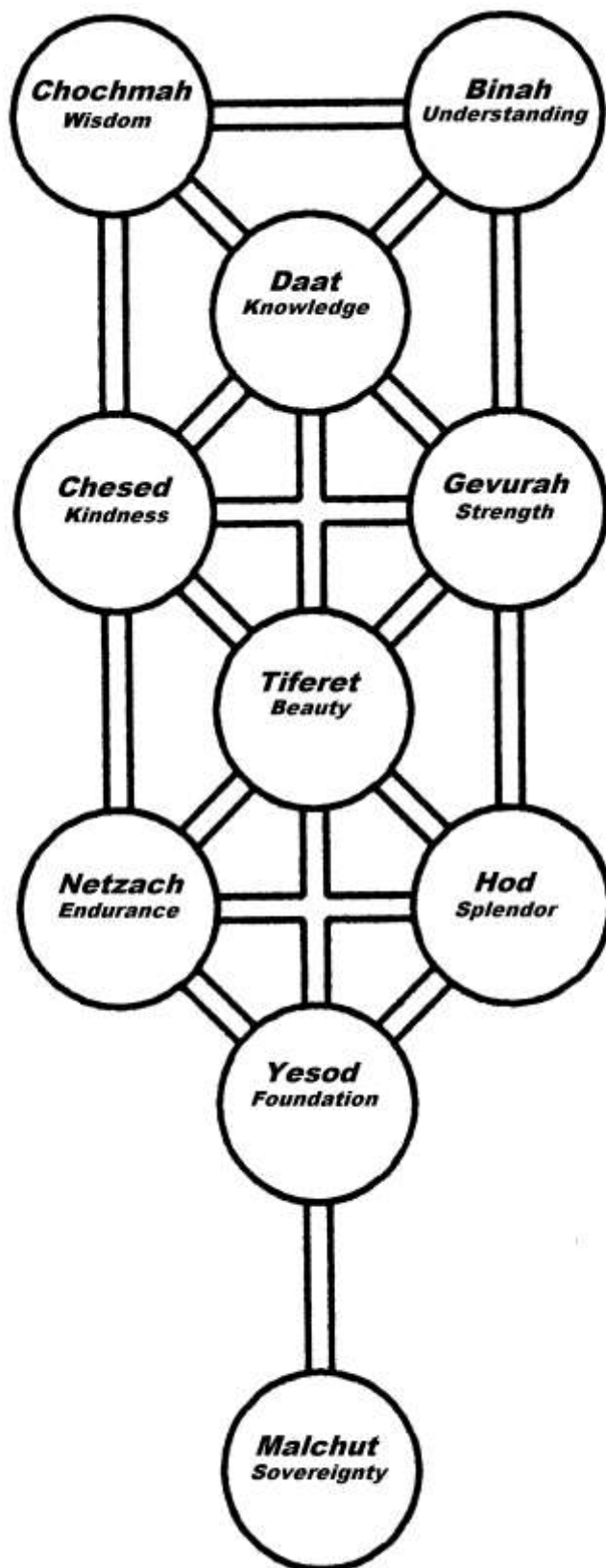
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Abstract:

Though many clinicians have integrated spiritual modalities into clinical practice, the psychology of Kabbalah, the Jewish mystical tradition, has attracted little attention despite reported brief therapy applications. This article explores the clinical use of the Tree of Life, the Kabbalah's conceptual map of the body/mind. On the strength of anecdotal reports, it is suggested that the Tree of Life can facilitate the assessment of clients and can thereby guide the therapeutic process. This paper will introduce the Tree of Life as it potentially informs clinical assessment, guides the intervention phase of psychotherapy and facilitates brief therapy.

Biography:

Annette Poizner, MSSW, Ed.D., RSW, is a Director of the Milton H. Erickson Institute of Toronto. She founded and chairs the Jewish Health Alliance, a continuing education organization which explores the intersection between Judaism and the healing arts. She completed her graduate social work degree at Columbia University. In the course of completing a Doctorate in Counselling Psychology at the University of Toronto, she investigated and wrote a doctoral dissertation on the clinical use of graphology. Her as yet to be published manuscript, *Reading the Soul*, presents graphology through the lens of Kabbalah.



The Tree Of Life